



# Social Media/Physical Abuse in a Teen Relationship

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# Social Media can lead to Dating Abuse



Information is misinterpreted



Individuals can make unnecessary  
comments about your relationship on  
social media forums and this can create  
unhealthy situations

# What's contributing to this problem?



✓ **No communication skill**



# Teens Get Mixed Messages

When teens see a relationship on TV/movies they want their relationship to be the same

**Good = "love & Basketball"** **Bad = "For colored girls"**

- Breakup to makeup (fight then back together)
- This relationship **NOT REAL** meaning fighting and /or arguing.

# Social Media Statistics

- The problem with using social media to communicate about their relationships and everyone gets involved.
- Your friends and followers can tell you what your partner is posting. Instead of going straight to the horses mouth, you're too busy listening to them.
- Social media can make or break a relationship.



# Statistics



- Nearly **1.5 million** high school students nationwide experience physical abuse from a dating partner in a single year.
- **1 in 10** high school students has been purposefully hit, slapped or physically hurt by a boyfriend or girlfriend.
- **1/4 (25%)** of high school girls have been victims of physical abuse.
- One in three (**33%**) teens in the U.S. is a victim of physical dating violence.

## More Statistics...

- 40% of girls age 14 to 17 report knowing someone their age that had been hit or beaten by their boyfriend and not saying anything.
- Half of the girls who experienced sexual pressure report that they are afraid the relationship will break up or fall apart if they did not give in.



**Dating Violence**  
**is**  
**NEVER OK.**



# Common Indicators of Dating Violence....

- Physical signs or injury
- Drop out of school
- Changes in mood or personality
- Use of drug or alcohol
- Unwanted pregnancy
- Emotional outburst
- Isolation



# Why Don't Most Teens Speak Up?

- Teenagers do not understand why they are the victim
- The abuser is controlling and makes threats
- Embarrassment
- Shame
- Fear that parents will pull them away from partner

# What's stopping you from leaving?

It is hard to leave the abusive relationship because:

Embarrassment

Doubt

**LOVE**

FEAR

Low Self-Esteem

# If You See Abuse

- **Take a stand**

You can say.....

“I’m not going to sit here as your friend and watch this happen and not say anything about it.”

- **Urge the person to seek help**

They can talk to a counselor, a coach, a best friend, or any trusted adult.

You can say....

“You’ve got to talk to someone about your behavior.”

- If you feel the need to just **Call the police!**



# My Message for Teens.....

- Don't put your business out on social media because this creates problems.
- Only share your personal information with people you can trust.
- If you're being abuse please go get help. If you don't have anyone that you can trust to help you, call the National Dating abuse helpline. It's open 24/7 and you can get one-on-one service.  
to chat text "loveis" to 22522 or call 1-866-331-9474

There is a reflection of pain in eyes, as she fights back tears.

Trying to figure out why she has put up with it all these years.

Innocent gone

Just taking away

Struggling to deal with it & to be free someday.

Tried to tell someone, but no one believes her cries.

This girl has a perfect smile but a broken soul.

Living in this situation she just can't control.

Things get worst & he's beating her more.

Loses all self respect for herself, when he comes through that door.

He pulled out a knife, and all she saw was black.

Out of misery & out of her pain.

Put her in such a place that she can't even explain.

But she tried to tell someone although they didn't believe her cries.

Just maybe if someone would have listened... This young girl would still be alive.



*Hidden beneath the smile*

**RELATIONSHIPS**

**are about**

**EQUALITY**

**not**

**CONTROL**



# Sources

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